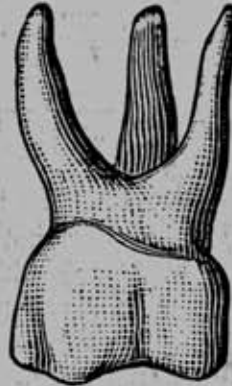




Motivational Interviewing for Oral Health Professionals

with Dr. Matthew Allen, D.D.S. of M David MI

October 4-5, 2018
Denver, CO



13 CE Credits
\$600

Motivational interviewing (MI) is a collaborative, goal-oriented method of communication with particular attention to the language of change. It is designed to strengthen an individual's motivation for a movement toward a specific goal by eliciting and exploring the person's own arguments for change. In this live, interactive workshop, Dr. Matt Allen will provide an introduction to the evidenced-based method of patient communication, specifically tailored towards oral health professionals of all types. In his own unique style, he will help participants experience both the spirit and the core skills of motivational interviewing, with exercises designed to speak to both the head and the heart. Finally, participants will receive practice and coaching on MI skills and practical tips on how to start incorporating motivational interviewing into their practices – which can ultimately be revolutionary for the patient and the office alike.

Learning Objectives:

- Contextualize what MI is (and what it's not)
- Explore why dental professionals would want to learn MI
- Experience the spirit behind MI
- Practice the four processes of MI (engaging, focusing, evoking planning) and the core skills of MI (open-ended questions, affirmations, reflections, summarizations)
- Re-imagine the process of sharing information with patients in an MI-consistent form
- Recognize and respond to both change and sustain talk
- Apply shared decision making principles concurrently with MI

For registration information, visit mdavidmi.com/workshops

In partnership with: **DentaQuest**
INSTITUTE

ADA C.E.R.P.[®]
Continuing Education Recognition Program

DentaQuest is an ADA CERP Recognized Provider. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry. DentaQuest designates this activity for 13 continuing education credits.

Cancellation Policy: For cancellations more than 30 days prior to the workshop, a full refund will be offered less a \$50 processing fee. For cancellations between 7-30 days, a 50% refund will be offered. For cancellations less than 7 days, no refunds will be offered.